

# CANTEEN MENU 2023

STUDENT'S **NAME, CLASS, ORDER & AMOUNT** is to be  
WRITTEN CLEARLY on a PAPER BAG  
**CORRECT MONEY** would be appreciated

All orders are to placed in the GOLD BOX for **Pre-order Thursday** in the office or  
**online e-form via Skoolbag by 3pm Thursday** (No bag required)  
**HOT FOOD MUST BE PRE-ORDERED FOR LUNCH** (first break) **ONLY**  
**FROZEN ITEMS AVAILABLE OVER THE COUNTER ONLY**

**Open FRIDAYS ONLY...**

<b>SANDWICH or ROLL</b> (wholemeal bread used )	<b>SANDWICH</b>	<b>ROLL</b>	<b>TOASTED SANDWICH</b> (wholemeal bread used )	
Ham	\$2.70	\$3.00	Ham and cheese	\$3.50
Chicken (shredded)	\$2.70	\$3.00	Chicken (shredded)	\$3.00
Cheese	\$2.20	\$2.50	Cheese	\$2.50
Baked Beans	\$2.20	\$2.50	Baked Beans	\$2.50
Vegemite	\$2.00	\$2.20		



## HOT FOODS

Asian Chicken Noodles (20c refunded)	\$5.00
Hot Chicken Roll (with lettuce & mayonnaise)	\$4.50
Lasagne	\$4.80
Macaroni Cheese	\$4.80
Twista Pasta (made with Bolognese sauce)	\$4.80
Mini Pizza (Ham & pineapple)	\$2.00
Corn Cob	\$1.00
Pie	\$5.20
Tomato sauce sachet	\$ .30
Chicken Breast Nuggets (each)	\$ .80
Sweet & Sour Dipping Sauce	\$ .40

## EXTRAS

Apple Slinky	\$1.00
Brown Rice Cracker	\$ .05
Dried Apple Ring	\$ .20
Dried Apricot	\$ .10
Sultanas (packet)	\$ .50
Cheerios (per scoop)	\$ .25
Popcorn (Plain or Sweet&Salty)	\$1.40
Pikelet	\$ .50
ANZAC Biscuit (homemade)	\$ .50
Muffin (lite chocolate)	\$2.60

## DRINKS

Juice (200ml) (Apple or Paradise)	\$1.70
Bottled Water (350ml)	\$1.00
Bottled Water (600ml)	\$1.50
Chocolate Milk (250ml)	\$2.50
Chill J (250ml) (Raspberry or Blackcurrant)	\$2.50

**Sorry can't be ordered**

## FROZEN ITEMS

**Purchase over the counter ONLY**

Frozen orange wedge	\$ .20
Frozen Watermelon	\$ .40
UFO's (frozen pineapple ring)	\$ .50
Juicies Ice Tubes (Tropical or Wildberry)	\$1.80
Paddle Pop (Chocolate or Rainbow)	\$2.80



(A refund of 20c is given on return of reusable container as indicated)

**CANTEEN OPEN FRIDAYS for Lunch break only**

**Further details on our lunch menu items...**



**ASIAN CHICKEN NOODLES** is...  
oven roasted sliced chicken, corn, peas, carrot, capsicum,  
vermicelli noodles and flavoured with a light soy sauce

*Served in a reusable container to  
help save on waste  
(20c is refunded when container is returned)*



**HOT CHICKEN ROLL** is  
oven roasted sliced chicken  
served with mayonnaise and  
lettuce on a wholemeal roll



Both of these are  
made with oven  
roasted sliced  
chicken

**Due to time restraints we cannot adjust menu items to  
suit individual tastes so they will be served as listed**

**Did you know we use lettuce grown in our school garden**

Or you might like to have...

**MINI PIZZA** is served on a half wholemeal  
English muffin... topped with tomato paste, ham,  
pineapple and cheese



**LASAGNE**



**CORN COB**



**MACARONI CHEESE**



**TWISTA PASTA** made  
with Bolognese sauce